



# FAQ's

Information as at 1 September 2017

The following information aims to answer all your FlippaBall questions. Click the link below to find the section relevant to you;

[General Information](#)

[Info for Coaches, Clubs and Delivery Providers](#)

[Info for Parents and Participants](#)

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## GENERAL INFORMATION

**Q) What is FlippaBall?**

A) FlippaBall is the main product within the “FlippaFamily” of program designed to make learning water polo fun and safe for all junior beginners.

**Q) What is the ‘FlippaFamily’?**

A) The FlippaFamily is a suite of programs and packages that give all juniors the opportunity to get involved while also giving flexibility in delivery so there is something for everyone.

**Q) What are the programs in the ‘FlippaFamily’?**

A) **FlippaBall** - Introductory, modified, non-contact competition using developmental rules for junior beginners.

**FlippaSkills** - FlippaSkills is a national consistent activity-based training program junior beginner club members to learn the basic skills of water polo in a fun way.

**FlippaSchools** - School-based skill introduction program with delivery options for land or pool delivery.

**FlippaFest** – sanctioned “Come and Try” events that can be used as a pre-season recruitment tool or post-season family fun events.

**FlippaFun** - online downloadable tools and guides to play water polo away from the club/school/pool.

**Q) How does the FlippaSkills program support the FlippaBall program?**

A) FlippaSkills is a training program that uses a delivery handbook, a skill achievement tracker and level completion certificates to guide coaches through skill development. FlippaSkills is the perfect training program to prepare for FlippaBall competition as it focuses learning basic skills in the correct manner on through fun activities

**Q) How is FlippaBall different to 12&U competition?**

A) FlippaBall competition is an adapted version of the game that is non-contact, uses a shorter season length, different balls and additional modified rules to increase participation, enjoyment and basic skill development in order to prepare players to transition into traditional age competition. Although 12&U social competitions also uses some modified rules, contact is permitted and there is a more competitive focus (i.e. seasons with finals and point scores etc.).





## COACHES, CLUBS and DELIVERY PROVIDERS

**Q) Why has FlippaBall changed?**

A) After hearing the feedback from members and clubs to make water polo more fun and accessible to young people, WPA undertook a market research and review project, followed by piloting new concepts and is now happy to introduce the new FlippaBall.

The changes to FlippaBall will ensure that all juniors across the country having access to the same introduction to water polo through a nationally consistent, fun and social introductory water polo program.

**Q) When do the changes to FlippaBall come into effect?**

A) The changes to FlippaBall were piloted over the past 12 months and come into effect from September 2017.

**Q) I currently run a FlippaBall program at my club – does this effect what we currently do?**

A) Yes - The revised format of FlippaBall and other Flippa programs, require sanctioning approval prior to using the title of FlippaBall and set out specific delivery guidelines.

**Q) Why is a nationally consistent FlippaBall program important?**

A) By ensuring that what “FlippaBall” is and how its delivered in all parts of country is the same as others increases the appeal to potential new participants and parents to get involved. National consistent programs give parents a level of comfort and confidence in the quality and outcomes of the program while also ensuring that participants are leaning the same basics and in the same way for future athlete development.

**Q) What is involved in getting sanctioning approval?**

A) Applying for sanctioning approval is free for affiliated bodies. Find the sanctioning form on the FlippaBall website and submit completed application to the respective State Association.

**Q) Why do I need to get sanctioning approval to run a Flippa program?**

A) FlippaBall is a registered trademark of Water Polo Australia and as the primary outcome of the new FlippaBall is providing a nationally consistent product, the sanction gives you permission to use the Flippa branding and also ensures providers acknowledge and agreement that Flippa programs will be run in line with the national delivery guidelines and requirements.

**Q) Can I still use the old FlippaBall logo or run my own FlippaBall program?**

A) No – Only programs that receive sanctioning approval and are run in accordance with the delivery requirements may be called or referred to as FlippaBall.

**Q) Who can deliver a Flippa Program?**

A) Only coaches with a national Water Polo Australia Coaching Accreditation can deliver Flippa programs. The recommended accreditation level is the WPA Community coach accreditation which can be obtained through an online course.





**Q) Why do I need a coaching accreditation to deliver Flippa programs?**

A) FlippaBall promises to make learning the skills and playing non-contact water polo fun, social and safe for all. As a means of ensuring this is delivered and participants has a positive and rewarding experience, a coaching accreditation is required.

**Q) Why is it essential that all Flippa participants are registered and how?**

A) As part of the agreement within the sanctioning process, you are agreeing to ensure that every Flippa participant is registered in the WPA database as a Flippa member.

It is also essential that every participant is registered as accurately measuring the effectiveness and size of Flippa programs across the country is what indicates success/needs for improvement and also program value. The more Flippa participants and programs officially recorded, the greater value is placed on the program and therefore greater potential to attract community and funding support.

**Q) What does every registered participant receive for doing an official FlippaBall program?**

A) Every registered Flippa member will receive a free “Flippa” ball (Balls distributed during January 2018 for all registered members from September 2017 onwards)

**Q) What resources are made available to help deliver Flippa programs?**

A) WPA provides a suite of recourses, tools and handbooks for nationally consistent delivery and to ensure that coaches have all the tools they need to facilitate rewarding and positive participant experiences. These resources include:

<b>Program</b>	<b>Resource List</b>
FlippaBall	<ul style="list-style-type: none"> <li>• FlippaBall Rules poster</li> <li>• FlippaBall Operational Guide</li> <li>• FlippaBall marketing kit (Inc. Editable flyers, marketing guide, social media tips, PR templates etc.)</li> </ul>
FlippaSkills	<ul style="list-style-type: none"> <li>• FlippaSkills Delivery Handbook</li> <li>• Achievement Tracker Poster</li> <li>• Achievement certificates</li> </ul>
FlippaSchools	<ul style="list-style-type: none"> <li>• FlippaSchools “Play Polo” Delivery handbook</li> <li>• FlippaSchools “Din into Polo” Delivery handbook</li> <li>• FlippaSchools “Try Polo” Delivery handbook</li> <li>• Completion Certificates</li> <li>• Program overview flyer</li> </ul>
FlippaFun	<ul style="list-style-type: none"> <li>• FlippaFun in the Backyard Pool guide</li> <li>• FlippaFun in the Classroom guide</li> </ul>
FlippaFest <i>(available from Jan 2018)</i>	<ul style="list-style-type: none"> <li>• FlippaFest delivery guide</li> <li>• FlippaFest marketing kit</li> <li>• FlippaFest promotional giveaways (sold separately)</li> </ul>

**Q) Where can I get more information about the official WPA Flippa program?**

A) Visit the FlippaBall website – [www.flippaball.com.au](http://www.flippaball.com.au) or by contacting Water Polo Australia or your respective State Association.



## PARENTS AND PARTICIPANTS

- Q) What is the benefit of getting my child involved in an 'Official' Flippa program opposed to other beginner water polo programs?**
- A) Official Flippa programs use structured content and rules that are specifically developed to facilitate positive experiences and develop the right skills in the correct and safe manner. There is also assurances that the program is delivered by accredited coaches and appropriately insured clubs/venues.
- Q) My child currently does FlippaBall at their club – what does this mean?**
- A) Make sure you check with your club if they are running an "Official" Flippa program – i.e. have they received sanctioning approval from the State Water Polo Association and that your child is registered as a "Flippa" water polo member in the database.

If this is not the case, unfortunately your child will not receive any of the benefits (i.e. structured program or new free ball).

## SCHOOLS

- Q) I want to run a water polo program through "Sporting Schools" – is this FlippaBall or FlippaSchooLS?**
- A) Its FlippaSchooLS - Dedicated FlippaSchooLS packages have been created to be delivered through Sporting Schools. There are three packages on offer – one for full delivery in the pool, one for full delivery on land and a program with mixed land and pool delivery. These packages include set lesson plans, activities and pricing parameters and are the only types of water polo that will be funded through the School's Sporting Schools funding.
- Q) Can teachers deliver Sporting SchooLS?**
- A) Teachers are eligible to deliver the land elements of FlippaSchooLS (i.e., the Try Polo version) however for any water/pool based elements (i.e. Play Polo and Dip into Polo versions) an minimum WPA Community Coach accreditation is required.
- Q) Can SchooLS run a FlippaBall competition?**
- A) SchooLS needs to have be affiliated with their State Water Polo Association and complete the sanctioning approval process before they are eligible to conduct a FlippaBall competition for their students.
- Q) How do I get involved in delivering Sporting SchooLS water polo?**
- A) If you would like to deliver Sporting SchooLS in your local area you need to have a Water Polo Australia current coaching accreditation and be registered on the Sporting SchooLS database. Please contact your respective State Association register your interest in delivering a Sporting SchooLS program.

**For more information: visit FlippaBall visit –**

**[www.FlippaBall.com.au](http://www.FlippaBall.com.au)**

**or email**

**[FlippaBall@WaterPoloAustralia.com.au](mailto:FlippaBall@WaterPoloAustralia.com.au)**



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